

## DUAL SPORTS APPLICATION

For an athlete to be approved to play two sports during the same season, there must first be consensus from parents, both coaches, and administration. It should be noted that in general, dual sport participation during the same season is not recommended. **An athlete wishing to play two sports should have a conversation with all parties involved prior to completing the declaration form. Agreement must be approved no later than one week from the start of practice.**

### FHS ATHLETE DECLARATION FOR DUAL SPORTS PARTICIPATION

It is the intention of the athlete named below to participate in two sports during the same season. In order for this to occur, the following stipulations must be met:

- The athlete must declare which sport is primary and secondary for participation purposes. Generally this means which sport will take priority in practice and competitions when conflicts arise.
- Approval may be denied or rescinded because of academic concerns at any time during the season. In such cases, the athlete will participate only in the primary sport.
- The head coaches of each sport must mutually agree to the participation of the athlete in two sports. Approval is also required from administration and parents/guardians.

Any penalties issued as a result of a violation of the athletic code of conduct will apply to BOTH sports.

Once a primary sport is declared, the decision cannot be changed without the completion of a new form (all signatures required). If coaches do not agree with the changes, the original form remains in effect.

Practice requirements and game/meet expectations for both sports shall be established prior to the start of the sport seasons.

Name of athlete \_\_\_\_\_ Grade \_\_\_\_\_

Primary sport \_\_\_\_\_

Secondary sport \_\_\_\_\_

Signature of student athlete \_\_\_\_\_ Date \_\_\_\_\_

Parent approval \_\_\_\_\_ Date \_\_\_\_\_

Signature of head coach (primary) \_\_\_\_\_ Date \_\_\_\_\_

Signature of head coach (secondary) \_\_\_\_\_ Date \_\_\_\_\_

Athletic Director approval \_\_\_\_\_ Date \_\_\_\_\_