



# What's on the Menu?

## Fruitport Elementary Menu April 1

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<b>Muffin</b> WG Muffin and String Cheese 	<b>Breakfast Pizza</b> Sausage Breakfast Pizza	<b>Cereal</b> Assorted Cereal Bowls 	No School	No School
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### Lunch

<b>Pepperoni &amp; Cheese Pizza</b> Served with Curly Fries. Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Burrito</b> Bean and Cheese Filled Tortilla Fresh Vegetables & Fruit  <b>National Burrito Day</b>  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Waffles</b> Buttermilk Waffles with Sausage Patty Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Spring Break	Spring Break
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Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



This institution is an equal opportunity provider.

# What's on the Menu?

Fruitport Middle & High Schools: April 1

Monday	Tuesday	Wednesday	Thursday	Friday
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## Breakfast

Free Breakfast for All Students

<b>Muffin</b> WG Muffin and String Cheese 	<b>Breakfast Pizza</b> Sausage Breakfast Pizza	<b>Cereal</b> Assorted Cereal Bowls 	No School	No School
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### STUDENT CHOICE

FOOD YOUR WAY

Baked Potato Bar	<b>National Burrito Day</b>	Philly Cheesesteak		
Baked Potato topped with your choice of toppings.	<b>Bean &amp; Cheese Burrito</b> Bean & Cheese filled Tortilla Served with Salsa & Sour Cream	Hot Tender Beef with the choice of Peppers & Onions, Cheese Sauce.	<b>Spring Break</b>	<b>Spring Break</b>

### SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

### grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

### BUILD

pizza by design

Chicken Bacon Ranch Pizza	BBQ Pizza	Supreme Pizza
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Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25



Vegetarian



Locally Grown

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# What's on the Menu?

## Fruitport Elementary Menu April 7

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

No School	No School	No School	No School	No School

### Lunch

Spring Break	Spring Break	Spring Break	Spring Break	Spring Break

Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

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A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: April 7

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

No School

No School

No School

No School

No School



Spring Break

Spring Break

Spring Break

Spring Break

Spring Break

SO  
DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

**BUILD**  
pizza by design

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25



Vegetarian



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# What's on the Menu?

## Fruitport Elementary Menu April 14

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>Waffles</b> Buttermilk Waffles, Syrup</p> 	<p><b>Scrambled Eggs</b> WG Biscuit</p>	<p><b>Cereal</b> Assorted Cereal Bowls</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>	<p><b>Muffin</b> WG Muffin and String Cheese</p>
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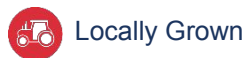
### Lunch

<p><b>Grilled Cheese Sandwich</b> Goopy Cheese on Toasted Bread Fresh Vegetables &amp; Fruit</p> <p><b>National Grilled Cheese Day</b></p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Taco</b> Beef Taco with Lettuce, Tomato, and Shredded Cheese. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Mini Pancakes</b> Mini Buttermilk Pancakes with Sausage Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Sloppy Joe</b> Whole Grain Bun topped with a Tangy Ground Beef Sauce. Served with Tater Tots Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Chicken Tenders</b> Crispy Chicken Tenders Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

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A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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serving up happy & healthy

# What's on the Menu?

Fruitport Middle & High Schools: April 14

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>Waffles</b> Buttermilk Waffles, Syrup</p> 	<p><b>Scrambled Eggs</b> WG Biscuit</p>	<p><b>Cereal</b> Assorted Cereal Bowls</p> 	<p><b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit</p>	<p><b>Muffin</b> WG Muffin and String Cheese</p>
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## STUDENT CHOICE FOOD YOUR WAY

**National Grilled Cheese Day!**

**Grilled Cheese Sandwich**  
Crisply toasted whole grain bread filled with melted & yummy cheese

**Taco Salad**

Choice of Fajita Chicken or Beef Taco Meat on a bed of Lettuce, Complete your salad with Tomato, Onions, Peppers, Shredded Cheese and Salsa & Zesty Ranch

**Pasta Bar**

Rotini Pasta with your choice of Marinara Sauce or Alfredo Sauce. Served with Garlic Breadsticks

**Waffle Bar**

Waffles with your choice of fruit topping.

**Buffalo Chicken Dip**

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

Taco Pizza

BBQ Pizza

Supreme Pizza

Chicken Alfredo Pizza

Veggie Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40  
Adult: \$5.25



# What's on the Menu?

## Fruitport Elementary Menu April 21

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<p><b>Muffin</b> WG Muffin and String Cheese</p> 	<p><b>Breakfast Round</b> Served with Fresh Fruit</p>  	<p><b>Cereal</b> Assorted Cereal Bowls</p> 	<p><b>Scrambled Eggs</b> Served with a Biscuit</p>	<p><b>WG Pancakes</b> Syrup</p> 
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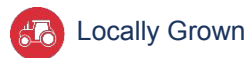
### Lunch

<p><b>Alfredo Pasta</b> WG Rotini Tossed in a Creamy Alfredo Sauce. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Quesadilla</b> Melted Cheese Folded in a Toasted WG Tortilla. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Omelet</b> Fluffy Eggs filled with Melted Cheese. Served with a Biscuit. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Crispy Chicken Sandwich</b> Breaded Chicken Patty on WG Bun. Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p><b>Grilled Cheese Sandwich</b> Fresh Vegetables &amp; Fruit</p> <p><b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&amp;J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
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Lunch Prices  
Full Pay: \$2.65  
Reduced Pay: \$0.40  
Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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serving up happy & healthy

# What's on the Menu?

Fruitport Middle & High Schools: April 21

Monday

Tuesday





Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

<p><b>Muffin</b> WG Muffin and String Cheese</p> 	<p><b>Breakfast Round</b> Served with Fresh Fruit</p> 	<p><b>Cereal</b> Assorted Cereal Bowls</p> 	<p><b>Breakfast Pizza</b> Sausage Breakfast Pizza</p>	<p><b>WG Pancakes</b> Syrup</p> 
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## STUDENT CHOICE FOOD YOUR WAY

<p><b>Chicken Alfredo</b> WG Pasta with a Creamy Alfredo Sauce and Chicken.</p>	<p><b>Taco/Nacho Bar</b> Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa &amp; Sour Cream</p>	<p><b>Bosco Sticks</b> Breadsticks stuffed with Cheese and Pepperoni. Served with Marinara dipping cup.</p>	<p><b>Pulled Pork BBQ Sandwich</b> Slow Roasted Pork shredded and tossed in a Sweet and Tangy BBQ Sauce. Served with Coleslaw</p>	<p><b>Crispy Chicken Sandwich</b> Breaded Chicken Patty on WG Bun</p>
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## SO DELI



Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*

## BUILD pizza by design

Reuben Pizza

Aloha Pizza

Supreme Pizza

South of the Border Pizza

BBQ Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

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Adult: \$5.25



Vegetarian



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# What's on the Menu?

## Fruitport Elementary Menu April 28

Day 1	Day 2	Day 3	Day 4	Day 5
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### Breakfast

Free Breakfast for All Students

<b>Breakfast Round</b> Served with Fresh Fruit 	<b>French Toast Sticks</b> Syrup 	<b>Cereal</b> Assorted Cereal Bowls 	<b>Breakfast Pizza</b> Sausage Breakfast Pizza	<b>Sausage Breakfast Sandwich</b> Sausage Patty and Buttermilk Biscuit
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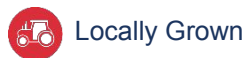
### Lunch

<b>Bosco Sticks</b> Cheese filled Breadsticks with Marinara dipping sauce  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Taco</b> Beef Taco with Lettuce, Tomato, and Shredded Cheese. Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Hot Dog</b> All Beef Frank on WG Bun. Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Mac &amp; Cheese</b> Creamy Cheese Sauce with WG Pasta. Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	<b>Fish Sticks</b> Crispy and Flaky Fish Sticks. Served with Peas and Carrots Fresh Vegetables & Fruit  <b>2nd Choice: PB&amp;J Fun Lunch</b> (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)
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Lunch Prices  
 Full Pay: \$2.65  
 Reduced Pay: \$0.40  
 Adult: \$5.25

**BREAKFAST:** A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



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# What's on the Menu?

Fruitport Middle & High Schools: April 28

Monday

Tuesday

Wednesday

Thursday

Friday

## Breakfast

Free Breakfast for All Students

### Breakfast Round

Served with Fresh Fruit



### WG Pancakes

Syrup



### Cereal

Assorted Cereal Bowls



### Breakfast Pizza

Sausage Breakfast Pizza

### Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit



### Popcorn Chicken & Mashed Potato Bowl

Popcorn Chicken over Mashed Potatoes and Corn. Covered in Chicken Gravy and served with a Biscuit

### Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

### Loaded Mac & Cheese

Load your Mac & Cheese up with choices of Bacon, Diced Chicken, Ham,, and more!

### Lasagna

Lasagna noodles stuffed with cheese and slathered in Marinara.

### Stromboli

Always a favorite! Pizza Dough filled with Pepperoni, Ham, Turkey and Cheese. Baked until Golden Brown, served with a side of Marinara.

## SO DELI

Available Daily  
Build your own  
Sub, Wrap, or Flatbread

## grilled

Available Daily  
Build your own  
Burger or Chicken Sandwich\*



Veggie Pizza

Taco Pizza

Supreme Pizza

Buffalo Chicken Pizza

BBQ Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

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Adult: \$5.25



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