

What's on the Menu?

Fruitport Elementary Menu February 3

Day 1	Day 2	Day 3	Day 4	Day 5
-------	-------	-------	-------	-------

Breakfast

Free Breakfast for All Students

Muffin WG Muffin and String Cheese 	Breakfast Pizza Sausage Breakfast Pizza 	Cereal Assorted Cereal Bowls 	Pancakes Syrup 	Scrambled Eggs Scrambled Eggs and WG Biscuit 
---	--	---	---	---

Lunch

Pepperoni & Cheese Pizza Served with Curly Fries. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Chips & Cheese Tortilla Corn Chips, Cheese Sauce. Salsa cup optional. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Waffles Buttermilk Waffles with Sausage Patty Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Sweet & Sour Chicken Sweet & Sour Sauce tossed with Chicken Nuggets. Served with Fried Brown Rice. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Corn Dog Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)
---	---	---	--	--

Lunch Prices
 Full Pay: \$2.65
 Reduced Pay: \$0.40
 Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Vegetarian Locally Grown

This institution is an equal opportunity provider.



What's on the Menu?

Fruitport Middle & High Schools: February 3

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

<p>Muffin WG Muffin and String Cheese</p> 	<p>Breakfast Pizza Sausage Breakfast Pizza</p>	<p>Cereal Assorted Cereal Bowls</p> 	<p>Pancakes Syrup</p> 	<p>Scrambled Eggs Scrambled Eggs and WG Biscuit</p> 
--	---	--	--	--

STUDENT CHOICE FOOD YOUR WAY

Baked Potato Bar

Taco/Nacho Bar

French Dip

Ravioli Bar

Stir-Fry Bar

Baked Potato topped with your choice of toppings.

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Hot Roast Beef on a Sub Bun with Provolone Cheese and a side of Au Jus (Beef Broth)

Choice of Marinara or Alfredo on Cheese Stuffed Ravioli

Orange Chicken or General Tso's with Fried Brown Rice

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*

BUILD pizza by design

Chicken Bacon Ranch Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Buffalo Chicken Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

What's on the Menu?

Fruitport Elementary Menu February 10

Day 1	Day 2	Day 3	Day 4	Day 5
-------	-------	-------	-------	-------

Breakfast

Free Breakfast for All Students

<p>Waffles Buttermilk Waffles, Syrup</p> 	<p>Scrambled Eggs Scrambled eggs, Tater Tots and WG Biscuit</p>	<p>Cereal Assorted Cereal Bowls</p> 	<p>Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit</p>	<p>Bagel, Cream Cheese & Jelly Whole Grain Bagel with Cream Cheese and Assorted Jelly</p> 
---	--	--	---	--

Lunch

<p>Chicken Tenders Crispy Chicken Tenders Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Taco Beef Taco with Lettuce, Tomato, and Shredded Cheese. Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Mini Pancakes Mini Buttermilk Pancakes with Sausage Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Sloppy Joe Whole Grain Bun topped with a Tangy Ground Beef Sauce. Served with Tater Tots Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>	<p>Alfredo Pasta Creamy Garlic Classic. Elbow Pasta in a creamy Alfredo Sauce Fresh Vegetables & Fruit</p> <p>2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)</p>
--	---	---	--	--

Lunch Prices
Full Pay: \$2.65
Reduced Pay: \$0.40
Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



This institution is an equal opportunity provider.



What's on the Menu?

Fruitport Middle & High Schools: February 10

Monday

Tuesday





Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

<p>Waffles Buttermilk Waffles, Syrup</p> 	<p>Scrambled Eggs Scrambled eggs, Tater Tots and WG Biscuit</p> 	<p>Cereal Assorted Cereal Bowls</p> 	<p>Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit</p>	<p>Bagel, Cream Cheese & Jelly Whole Grain Bagel with Cream Cheese and Assorted Jelly</p> 
---	--	--	---	--

STUDENT CHOICE FOOD YOUR WAY

Buffalo Chicken Dip

Taco Salad

Pasta Bar

Waffle Bar

Chicken Nuggets

Diced Chicken in a creamy Mozzarella Cheese, Cream Cheese, and Buffalo Sauce mix. Served with Pretzels

Choice of Fajita Chicken or Beef Taco Meat on a bed of Lettuce, Complete your salad with Tomato, Onions, Peppers, Shredded Cheese and Salsa & Zesty Ranch

Rotini Pasta with your choice of Marinara Sauce or Alfredo Sauce. Served with Garlic Breadsticks and Roasted Vegetables

Waffles with your choice of fruit topping.

Crispy Chicken Nuggets with BBQ Sauce.

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*

BUILD pizza by design

Taco Pizza

BBQ Pizza

Supreme Pizza

Mushroom Pizza

Meatball Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40
Adult: \$5.25

chartwells
serving up happy & healthy



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

What's on the Menu?

Fruitport Elementary Menu February 17

Day 1	Day 2	Day 3	Day 4	Day 5
-------	-------	-------	-------	-------

Breakfast

Free Breakfast for All Students

No School	No School	No School	No School	No School

Lunch

--	--	--	--	--

Lunch Prices
 Full Pay: \$2.65
 Reduced Pay: \$0.40
 Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



This institution is an equal opportunity provider.

What's on the Menu?

Fruitport Middle & High Schools: February 17

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

No School

No School

No School

No School

No School



SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



Available Daily: Pepperoni Pizza, Cheese Pizza

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40
Adult: \$5.25



Vegetarian



Locally Grown

This institution is an equal opportunity provider.

What's on the Menu?

Fruitport Elementary Menu February 24

Day 1	Day 2	Day 3	Day 4	Day 5
-------	-------	-------	-------	-------

Breakfast

Free Breakfast for All Students

Breakfast Round Served with Fresh Fruit 	WG Pancakes Syrup	Cereal Assorted Cereal Bowls 	Breakfast Pizza Sausage Breakfast Pizza	Sausage Breakfast Sandwich Sausage Patty and Buttermilk Biscuit
--	-----------------------------	---	---	---

Lunch

Bosco Sticks Cheese filled Breadsticks with Marinara dipping sauce 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Chips & Cheese Tortilla Corn Chips, Cheese Sauce. Salsa cup optional. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Breakfast Pizza Sausage, Gravy, Shredded Cheese on Pizza Crust. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Mac & Cheese Creamy Cheese Sauce with WG Pasta. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)	Hot Dog All Beef Frank on WG Bun. Fresh Vegetables & Fruit 2nd Choice: PB&J Fun Lunch (PB&J, String Cheese, Crackers, Fruit, Vegetable, Milk)
---	--	--	--	--

Lunch Prices
 Full Pay: \$2.65
 Reduced Pay: \$0.40
 Adult: \$5.25

BREAKFAST: A full student breakfast includes a choice of entree supplying grain and/or protein, two (2) fruit side dishes and choice of milk. Milk choices include 1% white and skim chocolate. Menu is subject to change

A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate.



Vegetarian Locally Grown

This institution is an equal opportunity provider.



What's on the Menu?

Fruitport Middle & High Schools: February 24

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast

Free Breakfast for All Students

Breakfast Round

Served with Fresh Fruit

WG Pancakes

Syrup



Cereal

Assorted Cereal Bowls



Breakfast Pizza

Sausage Breakfast Pizza

Sausage Breakfast Sandwich

Sausage Patty and Buttermilk Biscuit



Popcorn Chicken & Mashed Potato Bowl

Popcorn Chicken over Mashed Potatoes and Corn. Covered in Chicken Gravy and served with a Biscuit

Taco/Nacho Bar

Build your own Taco or Nacho plate with choice of Chicken, Beef, or Beans. Served with Salsa & Sour Cream

Loaded Mac & Cheese

Load your Mac & Cheese up with choices of Bacon, Diced Chicken, Ham, Grilled Fajita Vegetables, and more!

Lasagna

Lasagna noodles stuffed with cheese and slathered in Marinara.

Stromboli

Always a favorite! Pizza Dough filled with Pepperoni, Ham, Turkey and Cheese. Baked until Golden Brown, served with a side of Marinara.

SO DELI

Available Daily
Build your own
Sub, Wrap, or Flatbread

grilled

Available Daily
Build your own
Burger or Chicken Sandwich*



BBQ Pizza

Taco Pizza

Supreme Pizza

Mushroom Pizza

BBQ Pizza

Available Daily: Pepperoni Pizza, Cheese Pizza



A full student lunch includes choice of entrée supplying protein and grain, two (2) vegetable side dishes, one (1) fruit side dish, and a choice of milk. Milk choices include 1% white and skim chocolate. Menu is sub.

Lunch Prices Full Pay: \$2.85 Reduced Pay: \$0.40

Adult: \$5.25



Vegetarian



Locally Grown

This institution is an equal opportunity provider.